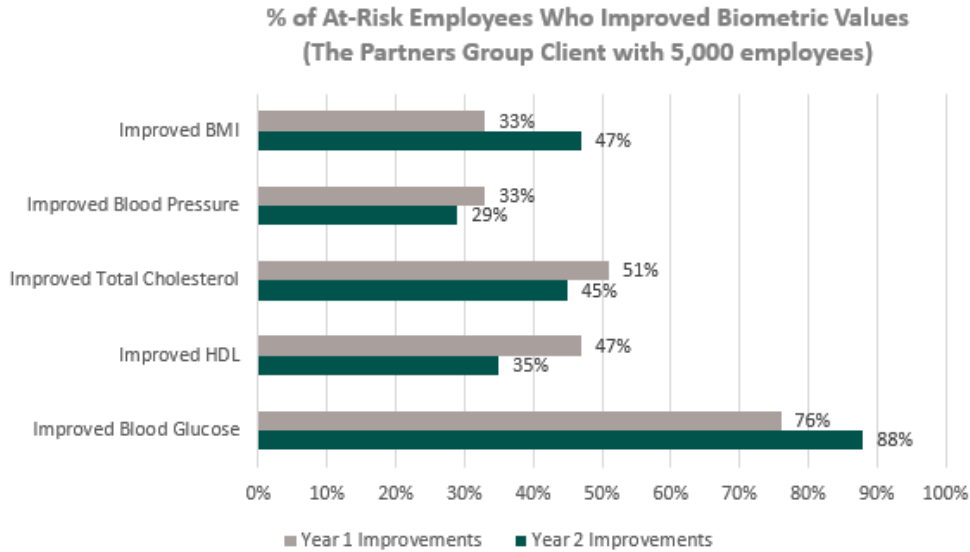


# Results of Biometric Screenings

## The Partners Group Healthcare Data Analytics Results from a Hospital System Employer

Clients of The Partners Group have consistently achieved participation health screening rates above 90%, even with first-year programs, by using benefit-integrated incentives coupled with clear communications about the personal benefits of participation to employees and their families. This is well above the 2017 median rate of 54% participation in a traditional wellness program.<sup>1</sup> Organizational culture and communications also have a significant impact on program participation.<sup>2</sup>



The graph in figure 2 illustrates year-over-year improvement rates for employees of a TPG client who discovered they had at-risk biometric values and improved their values the subsequent year. Many improved enough to move out of the “at-risk” category! These health improvements began as a result of participation in a biometric screening.

Figure 2

### References

<sup>1</sup>“High-performance insights-best practices in health care, 2017,” *22<sup>nd</sup> Annual Willis Towers Watson Best Practices in Health Care Employer Survey*.

<sup>2</sup>“Incentives That Work”, Onlife Health, 2016, <http://www2.onlifehealth.com/incentivesthatwork>